To : All Scouters registered with email on Compass (excluding Occasional Helpers)

County Updates – 21 February 2019 – Issue 106

**Welcome**

Hello and welcome to County Updates, our regular email communication from Norfolk Scouts to highlight news, announcements and opportunities that exist.

**In this edition**

Thank You

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Mental Wellbeing

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**This week’s updates**

New news or features this week…

**Thank You**

Tomorrow is Founder’s Day, the birthday of our Founder, Robert Baden-Powell. We’re using it as an opportunity to say thank you to our amazing volunteers. Keep an eye out for messages and social media....

**Good Service Awards**

The Chief Scout has recognised eight local volunteers with either Silver Acorns, Bar to the Silver Acorn or Silver Wolf. Full details will be published on the Norfolk Scouts website tomorrow.

**Explorer Scout Camp 2019**

The Explorer Scout Camp is taking part over the weekend of 20/21/22 September at Eaton Vale Activity Centre. The Camp Website has been launched with includes a chance for an Explorer to win a free place! [More Information](http://www.norfolkscouts.org.uk/explorercamp)

**Multi-Module Training Weekend**

A Multi Module Training Weekend is being held on Friday 29 to Sunday 31 March at the Horstead Centre. [More information](http://www.norfolkscouts.org.uk/2019/02/21/multi-module-weekend)

**Mental Wellbeing**

The Scouts have worked with mental health charity Mind, to create some guidance and advice on how you can support young people with their mental health, spot signs and symptoms of mental ill-health, and promote good mental health within Scouts. [More Information](https://members.scouts.org.uk/supportresources/4860?dm_i=31ME,UDR3,3D75FB,35737,1)

**Census**

A big thank you to everyone who has helped Norfolk complete or annual census on time. Further details will follow over the next few weeks.

**Second chance**

**#YouShape**

February is #YouShape month, this month we’re encouraging more young people to make decisions, shape their own programmes and take on leadership roles. We know that many of you are taking part in #YouShape events and would love to hear what you get up to! [Take a look at this message from Graham, our Regional Commissioner.](http://www.norfolkscouts.org.uk/2019/02/10/grahams-message-for-you-shape-month)

**District Commissioner – Central Norfolk**

A search has been launched to find the next District Commissioner for Central Norfolk. This is a key strategic volunteer role that will work to ensure the young people in this part of Norfolk have the opportunity to gain skills for life. [More Information](http://www.norfolkscouts.org.uk/2019/02/14/district-commissioner-central-norfolk-3)

**Safeguarding Training**

A safeguarding training session is being held at 2nd Dereham, Scout Haven, Shipdham Road, Toftwood, Dereham NR19 1PU on Wednesday 10 April, 7.30 - 9.30pm. Leaders from any Norfolk district are welcome to attend. Please contact Carol Goodbody on cgoodbody2007@btinternet.com

**Regular items**

**Outside Organisations**

We are frequently asked to pass on information to our membership, we make the material available on the [External Opportunities](http://www.norfolkscouts.org.uk/members/externalopportunities) page of our website. This week – [Shooting Stars Circus Skills](https://www.shootingstarscircus.co.uk/),

[Swimathon](https://norfolkscouts2015-my.sharepoint.com/personal/hq_norfolkscouts_org_uk/Documents/Communications/201902%20February/Poster.pdf)

**Other ways to keep up-to-date**

[Our County Calendar](http://www.norfolkscouts.org.uk/calendar)

[County Training Information](http://www.norfolkscouts.org.uk/members/training)

[County Vacancies](http://www.norfolkscouts.org.uk/tag/vacancy)

[County Updates](http://www.norfolkscouts.org.uk/members/county-updates) is uploaded each week to our website for further sharing, please feel free to pass this update to Explorers, Young Leaders and other interested people.

County Updates is a weekly communication to all adult volunteers (except Occasional Helpers) sent to their primary email address recorded on Compass, our membership system. The purpose of County Updates is to provide details of activities, development opportunities and key information updates that develop better programmes and support volunteers to complete their roles effectively. You can find out more about how your information is handled here or opt out of receiving County Updates [on our website](http://www.norfolkscouts.org.uk/members/county-updates).